

THE POOL

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BY

W C VETSCH

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INTRODUCTION

We have chosen this title as an appropriate way to describe your situation. Basically, you have landed in a "Roach Motel" or "Hotel California" [1] type situation where Souls go in but do not come out. Of all the planets in the physical universes with Group I (Spiritually capable) life forms, Earth offers one of the most difficult set of circumstances which a Soul must somehow overcome to escape (ascend) to a lower density. Many Souls who "fall into the pool" never leave. Those who do are looked upon by beings on the various lower densities as "heroes" because they somehow managed to evade all the Spiritual traps and "escape from Earth".

So, here we wish to go into more details about "the pool" - how it is set up and how the various traps and diversions function - with the hope that it will better prepare you for the difficult journey ahead. Hopefully, you will be among the successful "escapees".

NATURAL EVOLUTION

Spiritual evolution is natural. In the absence of deliberate interference, Souls will strive to Spiritually evolve. The created worlds are designed to facilitate this by providing a series of "densities" so that young Souls can find a place and a form appropriate for their level of Spirituality. The natural home for Souls is unmodified space where no matter or time exists. However, young Souls cannot function there. So, by compressing energy to form matter at varying "densities", the Creator provides young Souls with

environments appropriate for their level of development. None of these created places are "real". Matter is constantly changing. No material creation is permanent.

Souls are energy structures. The forms they temporarily use are designed to facilitate development. Forms operate in the created illusion of space and time and so have a limited existence. So, in this density, when a physical body dies, the Soul generally actively uses its Astral body and moves to the next lower density which is the Astral dimension. Because life in this age (Kali Yuga) is relatively short, many physical lifetimes are required to accumulate all the needed experiences.

In natural evolution, Souls alternate from this density to and from the Astral density. At each cycle, they have an opportunity to consult with "advisors" in the Astral density to review past physical lifetimes and see what experiences they have already had and what experiences they need to continue to evolve. This information is used to determine the next physical lifetime. Souls get to "look across time" and see their next life and accept that what will happen is in the best interest of their Soul. Eventually, more physical lifetimes will not be necessary. Many physical forms are structured to allow Souls to remember past lives, however, the forms used on Earth - with rare exceptions - do not.

Before World War I, people on Earth were drifting toward Spirituality and popular books at that time covered Spiritual matters and subjects concerning the nature of man such as Astrology, palm reading and face reading (Physiognomy). However, there are forces operating here that oppose God and do not want Souls to advance. So, they started World War I and then World War II and then Korea and Vietnam and so on which had the effect of diverting people's attention away from Spiritual matters. Recent wars have not been for any sort of moral purpose but were deliberately conceived and financed by international bankers to make money.[2] Consequently, humanity has Spirituality devolved.

CLOSED LOOP SYSTEMS

Now that we have briefly covered natural Spiritual evolution, we wish to cover an aberration we call closed loop systems. All mainstream religions use these systems to capture Souls so that they can never escape from Earth. Basically, they work like this: Leaders of these religions study the occult and practice black magic. They claim some real estate on a part of one of the lower Astral planes in an area which is commonly known in occult circles as the "belief system territories". You can search using this phrase if you are interested in learning more details.

The mainstream religions are very vague in their use of terms like "heaven" and "god". This is necessary so that members never catch on to what is really happening. Through a lifetime of indoctrination including various initiations, baptisms and the like, members are programmed to develop an affinity for that religion's specific belief system territory in the Astral Universe so that they will likely be drawn to this place when they die. Once there, they are convinced they are in "heaven" because that is what they have been taught to believe all their lives.

Actually, they are in a closed, compartmentalized area of one of the Astral planes. Consequently, natural evolution is blocked and they never get any counseling from legitimate administrators or Ascended Masters [SM-0]. After a while they are told they are evil, sinful, etc. and must return to Earth (reincarnate) to "repent". Classically, these groups tell members they are bad, sinful, being born was a sin, sex is a sin, happiness is a sin and "god" wants them to suffer. This programming makes them obedient slaves of their masters who are collectively known as "the priesthood". These people have operated this way for thousands of years and captured countless Souls which they hold prisoner.

So, in this "closed loop system" - which traps a sizable percentage of Earth's human population - people are sent to a fake "heaven" and then "recycled" back to Earth again and again. They will remain in this closed loop indefinitely unless, somehow, they run into a legitimate Spiritual teacher and learn the truth. Even then, it will require personal effort to break free.

STATIC SYSTEMS

Static systems exist in a "steady state". There is no Spiritual progress and nothing changes. Consequently, these systems are highly stable. The future is totally predictable. Such systems are ideal for a leadership structure such as a government which wants assurances that their future is secure and that no unplanned event can come into existence which would cause unpredictable and potentially undesirable changes.

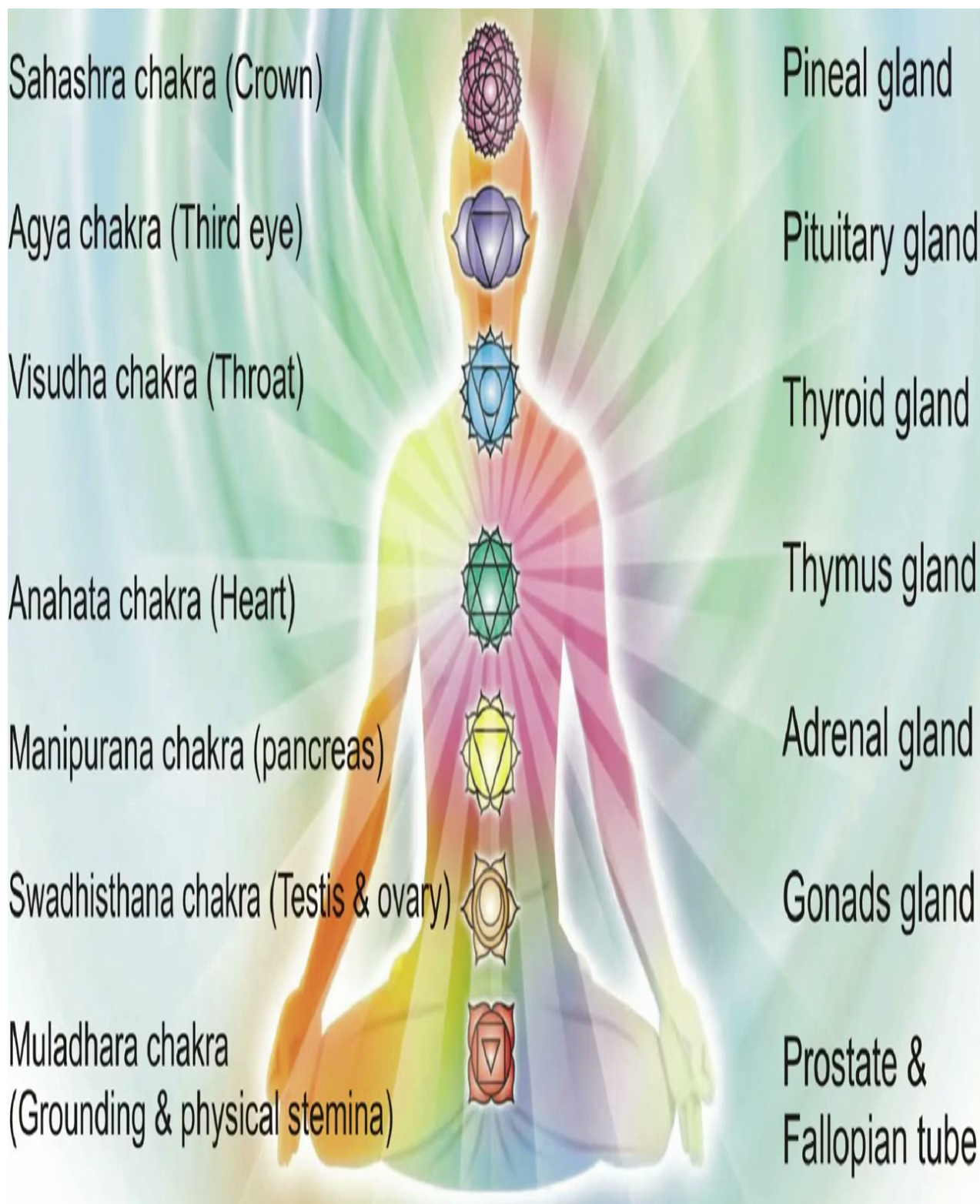
We (the general public) live in such a system. The maintenance network for this system is called "national security". It is a vast network of surveillance designed to detect anything which might change the status quo. Unwanted thoughts are simply "edited away" and unwanted people - like reformers - are "disappeared". So, nothing changes.

Actually, everything is rigged. A good article explaining this in detail can be found [here](#) .

The "spy industry" is huge. This catalog [3] of spy equipment was never meant to be seen by ordinary people. The sophisticated (and expensive) equipment is for sale to governments - state and federal - as well as local police departments. They don't even ask about the price because they can tax you - take your money - and spend it on stuff to further enslave you.

ACTIVE MEASURES

To get started, let's look at what you really are because you are definitely not just a physical body [L1]. Your physical body is not a "stand alone" structure. There are other components - invisible to most people - that are necessary for you to be physically alive. If they were removed, you would immediately die. So, you might want to learn about them.



This is the structure of your Astral body. You also have a mental body. However, these bodies are temporary tools. All you really are is a Soul which is an intelligent energy structure with no mass or specific form. Your natural home - and the place where you were "born" (to avoid getting into lengthy details) - is the unmodified energy field called Anami from which all else is created by the force of the will of the Creator.

The symbols for the chakras are the classic symbols used in eastern religions such as those in India and

Tibet. These people have had this knowledge for uncounted thousands of years, however it remains generally unknown in western cultures.

Incidentally, there are several chakras above the head outside of your physical body. These only become active in highly developed Souls such as Spiritual Masters [SM-1].

Knowledge of the chakra system is one component of occult or hidden knowledge. It is said to be "hidden" because it is invisible to most people. However, with practice, you can learn to see these things. It can be used for good or evil. Governments generally exploit the evil attributes to further their hidden agendas.

Anything which affects the chakra system not only affects your physical lifetime but also affects your existence after death since your primary body will then be your Astral body. If it is damaged, the negative consequences could follow you for thousands of years beyond your short physical lifetime. So, it is in your interest to know about these things.

So, with this in mind, let's look at some things which are deliberately harming you of which you may be unaware. The Pineal gland is associated with the Crown chakra. It is your link to God. It is rendered inactive and caused to calcify (essentially die) by fluoride. So, by poisoning the water supply with fluoride, the US and some other governments terminate your access to your Creator. This makes you easy to control and enslave and pretty much guarantees you will not be returning to God from this lifetime since access has been destroyed. Once poisoned to the point of calcification, the Pineal gland is ruined and will not regenerate. Constant exposure for one year is enough to accomplish this. Hitler added small amounts of sodium fluoride to the water in his death camps and noted that this caused a "mild lobotomy" which made the doomed prisoners more calm and cooperative. Sodium fluoride is poison and will kill you if you consume too much. Since it is added to many brands of toothpaste, these products carry a warning to call poison control immediately if you accidentally swallow the product instead of spitting it out.

Additionally, a healthy Pineal gland naturally produces DMT (N,N-Dimethyltryptamine) [4] which, in the US, is a Schedule I controlled substance. When someone dies, a healthy Pineal gland will release a massive dose of DMT to help you leave your physical body and move to the next density (Astral plane). DMT is also called "the Spirit molecule" [5]. Anything which allows people to contact another dimension - DMT, LSD, magic mushrooms, etc - is prohibited by the government because, once you see the truth for yourself, the hypnotic spell the government's propaganda has woven to hold you here is broken. They fear this above all else.

Today's governments are into control. They can call their political system anything they want but, as the saying goes: "A rose, by any other name...". Academia has officially reclassified the United States as an oligarchy although, of course, it still calls itself a democracy. The American Indians, which the US exterminated when it stole their land and renamed it the USA, had a system closer to a true democracy than we have ever seen or will likely ever see. Men and women were equal and both attended tribal

meetings. Everyone participated equally. There were no "state secrets" - knowledge was shared with all and all participated in deciding future plans. Even better, we know that ET's - which they called the "sky people" - would drop in from time to time. No one got upset. They just welcomed them as you would welcome someone visiting from another country. Compare that to any system in today's world.

Today's ruling oligarchs are not interested in the desires or needs of anyone other than themselves. Dissenters are "terrorists". Consequently, they actively seek any technology that can be used to cause blind submission and quietly eliminate those who refuse. The US has invested billions in mind control research since the end of W.W.II, basically continuing Hitler's work with the help of the 10,000 Nazis it secretly brought to the US under "operation paperclip". Somehow, mind control research and the "Land of the Free" scenario do not seem compatible.

Today, all legitimate fields of knowledge have been corrupted, weaponized and used to the detriment of the general population. This line of research has never stopped and continues full speed ahead today.

STATIC TECHNOLOGY

Let's look at some specific mass control technologies:

Technilization and Weaponization of Psychic Skills

A good starting reference for this discussion is the book "Tibetan Yoga and Secret Doctrines" by W. Y. Evans-Wentz and originally published by Oxford University Press. Wentz spent time with masters in Tibet. It appears he became an initiate and, as such, had to promise never to disclose how to do the things he learned. However, he does document the "things" in this book.

Since then, the government has figured out how to duplicate all the skills of a Yogi master as well as how to use technology to duplicate and enhance psychic powers. The reason Masters have guarded these secrets is because, in the hands of undisciplined infidels, they can be misused to seriously harm humanity. Unfortunately, the "infidels" - and specifically the US government - have now obtained these guarded secrets and, of course, have weaponized them.

Scanners

We know about facial recognition scanners. However, it appears they do a bit more than just "recognize". The computers can use the ancient science known as Physiognomy [6] to go beyond just recognizing a face to doing a complete psychological evaluation of the person being scanned. And, remember, super computers work a lot faster than people.

Fingerprint scanners are everywhere and most believe that is all they are - just a modern way to obtain fingerprints without using ink and paper. However, a closer examination suggests these gadgets have

hidden uses. In the first place, the box containing the scanner is just too large. Then there is the question of why the heavy metal box is secured with special one way non-removable bolts and why it is always in a secure area where it can be watched. Obviously, you are not supposed to know what is inside. Also, the scanner scans the whole hand - not just the finger tips. So, the most obvious conclusion is that the device is doing computerized "palm reading". A trained legitimate palm reader can tell quite a bit about you and, apparently, depending upon the sophistication of the software, so can this device.

DNA scanners are perhaps the most invasive scanning tool. Years ago, the government was letting some police departments use a computerized DNA scanner. The device was classified top secret and, reportedly, it could provide the equipment operator with a very accurate picture of the actual person's face as well as the person's fingerprints and other unspecified data. And, remember, this is "old technology" going back well over fifteen years.

Covert Drugging Technology

Many people no longer live in a natural environment. They live in a created world where everything has been artificially "processed". So, food is processed food, water is "treated" water, shelter is artificial, air is polluted and so on. Since people have no idea what is in the "food" they consume or the water they consume or the air they breathe, many opportunities exist for a malevolent government to add agents to the basic necessities of life which could adversely affect the general population. The opportunities to insert essentially anything you want into the food chain and have the generally clueless "sheeple" happily gobble it up are pretty much endless.

We know fluoride is deliberately added to water, certain plastics mimic human hormones, aluminum in contact with food is harmful and lead occasionally drifts into the water supply. Also, water in areas with a high concentration of people is recycled to a certain degree. This means that all the drugs people take - and then excrete in some form - show up in the "fresh" water supply because normal filters are not designed to remove sophisticated designer chemical compounds. Most of these could be called accidents, however the consequences are still quite real.

Reportedly, in areas with highly concentrated populations, the government deliberately sprays chemicals into the air for various nefarious purposes. And, of course, we can't forget those mysterious "chemtrails" everywhere.

Soul Capture and Control Technologies

Soul capture is another psychic technique. A VooDoo master can capture someone's soul and hold it indefinitely. Typically, you first weave a small wicker bowl with a wicker lid tied on with a ribbon or string. This structure is just a physical reference. What holds the Soul is the subtle energy field you create with your mental powers. Opening the container collapses the field and releases the Soul. Otherwise, it is not going anywhere.

The government has figured out how to do this using special energy fields. The classic movie "Ghostbusters" [7] is actually scientifically accurate. You can use electrical fields to capture "spirits". The government sets "traps" around sensitive secret areas so that anyone who is Astrally projecting and gets too close will be "sucked in" and held prisoner. Since they can't get back to their physical body, it will eventually die and they will remain held in the trap. Essentially, they have been murdered. However, the government could not care less. And, they do put up signs saying "lethal force authorized".

It was Robert Monroe, years ago, who taught the government how to do this by demonstrating that electric fields - invisible in this dimension - are actually solid in the Astral dimension and so can be constructed to "cage spirits".

Electromagnetic Wave Weaponization

Electromagnetic waves - such as radio waves - affect people and are not good for them. Higher frequencies are generally worse than lower frequencies. People will likely never want to give up radio frequency devices because they are so convenient. However, besides their obvious practical use, governments have been weaponizing the electromagnetic spectrum for a variety of uses including surveillance, mind control and lethal weapons. Since these waves are invisible, people tend to forget they exist.

Attack Weapons

Sometime back the Russians beamed high energy microwaves into the US embassy in that country. It took a while for the US to guess what was affecting the health of the staff because no one had ever thought to do that before.

Surveillance Example

For years, the US has used X-Ray satellites to look into people's homes and other structures. That's why they outlawed lead paint. Lead, of course, blocks X-Rays and interferes with the clarity of the images received by the spy satellites. Exposure to X-Rays is harmful to people but surveillance is more important to the government than the health of the "ordinary" citizens which are considered to be expendable and unimportant.

Montauk Example

One of the scientists at the Montauk project (1980's) decided to have some fun with the mind control secrets he had learned. He bought an off the shelf radio transmitter (most likely a "ham" radio) and set it up at his home. Then he had a fresh telephone line installed. No one answered this line but it was equipped to record the number and location of received calls. He turned on the transmitter and sent out

the phone number using special mind control modulation (synthetic telepathy). The phone began to ring almost immediately. People were calling the number and had no idea why they were calling and likely did not remember that they called. The brain can detect radio waves even though the people affected are unaware. Montauk is on Long Island in New York and calls came in as far away as Florida. Now, if one guy can do this from his home, imagine what the government can (and does) do today considering their essentially unlimited resources. It is estimated that about 85% of the world's population is under mind control to some degree. Mysteriously, about 15% appear to have some natural immunity and are unaffected.

G5 Technology

When radio frequencies were being allocated, the FCC assigned the frequencies from 470 MHz to 890 MHz to UHF TV. These were TV channels 14 through 83. They were given to TV because their usefulness was originally considered experimental. Typically, there are only a few UHF TV stations in an area and they transmit from one antenna which is generally in an isolated area. However, as time passed, technology advanced and these frequencies are now considered "prime real estate" for the cell phone industry which did not exist when the frequencies were first allocated.

Now the FCC has given (actually sold at auction) the frequencies from 600 MHz to 890 MHz mainly to the cell phone companies. The important difference here is that, instead of having only a few channels in use using one tower each, you now have every possible frequency in constant use from thousands of towers scattered throughout populated areas. This greatly increases the amount of exposure to radio frequency radiation for the general public. And, there is no question that constant exposure to electromagnetic radiation is harmful to living things.

Now, the stakes are being raised with the introduction of G5 technology which will use more towers and likely higher power so that kids can watch TV and make video calls on their cell phones which will also likely be transmitting with higher power to get clear video. So, that leaves people living constantly in a virtual "sea" of electromagnetic pollution which had never previously existed and is known to be harmful to health.

Terahertz Waves

Relatively recently, scientists learned how to artificially create radio waves at much higher frequencies. Terrahertz waves do not exist naturally on Earth. Any such waves coming from space would be absorbed by the atmosphere and never reach the ground. The higher the frequency, the shorter the wavelength. A strand of human DNA is close to the wavelength of these waves. This means that DNA is "resonant" at these new frequencies. Water is "resonant" at the frequencies used by microwave ovens and you see what they do. Terrahertz waves literally "tear apart" human DNA [18] and, somehow, that just does not sound good.

Unfortunately, the government, which could care less if you live or die (die is preferred) has determined

that terrahertz wave generators can be used to scan people - alone or in a crowd - to look for concealed items (ripping up their DNA in the process) and wants to deploy their new spy tool as quickly as units can be manufactured. So, get ready!

HISTORY

Zecharia Sitchin

Zecharia Sitchin [15] is famous for his research translating ancient records which suggest that humans were manufactured by genetic engineers from an alien culture to be used as slaves. The aliens eventually left and the slaves remained. Of course, there are many motivations to dispute these conclusions. Religious institutions would crumble immediately should it be proven that "god" was a genetic engineer from another planet. However, there is some scientific evidence. Humans share much of their DNA code with other creatures. However, there are sections which are unique and have no relationship to any other known creature and cannot easily be explained away by some type of "evolution" argument. The aliens are supposed to have manufactured humans by modifying orangutans by splicing in some of their own DNA to elevate their intelligence level so they could be programmed as efficient slaves.

For what it's worth, today's humans are easily enslaved, herded and controlled with propaganda. So, regardless of whether they were created to be slaves, the fact is that most of humanity is in a state of slavery today. You could not do that with a wild animal - it would choose death over submission. But, humans easily submit.

Vatican Archives

The Vatican Archives are said to hold the most complete available record of Earth's history - at least from the period of ancient Egypt onwards. Of course, you can't go there. Accurate history is top secret. Even the true history of the United States - chronicled in a set of books known as FRUS (Foreign Relations of the United States) is top secret. Copies are available in libraries inside of government buildings where you can't go.

Attitudes

Sometime back, before the conception of the United States, there was a British socialist named John Ruskin. He proposed that the world should be ruled by a single dictator who should be the most (intellectually) superior person. Everyone else would be subject to his will through some hierarchical system. Today, his basic belief system has become the dominant system. It's advocates are now called "globalists" and they strive for a one world government (dictatorship). Ruskin's teachings inspired the compartmentalized, hierarchical structure we see today where ordinary people only know what they "need to know" to serve some central authority as an obedient slave.

However, in the past, this attitude was not universal. The American Indians developed a culture based upon the belief that people were equal and that all knowledge should be shared. There were leaders, however they were not dictators. Everyone worked together and there was a feeling of mutual respect. The notion of "mine and yours" had not yet drifted into the consciousness. They believed God owned the land and people were simply "custodians" who had a duty to respect and protect nature.

Unfortunately, Ruskin's model won out. Ruskin's vision developed in secret with various cults - Masons, Illuminati, Priestcraft (churches) and their spinoffs such as the CFR (Council on Foreign Relations) some believe secretly runs the United States.

Today, the philosophy of the American Indians and similar cultures around the world has been crushed and, eventually, will likely be erased from history. Whenever similar beliefs resurface, the United States is quick to crush them. A great example is Guatemala - a country where the people are used as slaves of the American United Fruit Company to produce bananas. The people finally overthrew the dictator who was managing the country for United Fruit and elected a legitimate leader who offered the people a chance to have a real life with the right to own land and receive decent medical care, etc. However, the US quickly sent in assassins [8] to kill the legitimate leader and install a new dictator to return things to "normal". The people remain slaves to this day with no hope of freedom.

Whenever some leader emerges anywhere in the world who promotes concepts such as personal freedom, human rights and a decent standard of living for the general population, the US immediately makes plans to kill him. One of the latest "casualties" was Hugo Chavez.

Sociopathic Mentality

The US and other countries devote lots of money and resources to science. Many (or perhaps most) scientists appear to have a sociopathic personality. They believe that the ability to do something gives them the right to do it regardless of consequences. We will probably never know most of their "adventures" because they are funded by the government and protected by secrecy laws. However, the things we have learned are disturbing - to say the least.

Let's look at a few examples:

Robert Monroe and the Monroe Institute he founded are world famous. However, Spiritually, Monroe was an idiot. He hit his head or something - found himself out of his body - and believed he had "discovered" a new world no one else knew about. People have been doing Astral travel since people have existed. But, Monroe had no idea. Anyway, because he had financial resources, he decided to capitalize on his "discovery" - wrote several books and started his institute which continues to this day. In one of his books, he describes how he learned he could "possess" someone else's body and how he found someone - took control of his body - made random decisions using the stolen body which wrecked the entities life - and then just left and returned to his own body. He shows no remorse for what he did (which is a Spiritual crime, incidentally) and actually brags about his "powers".

In MK Ultra, the official instructions to scientists were, "Go seek people on the fringes of society who, therefore, lack the capacity to resist, and use them for your experiments".

In the Montauk Project it was determined that young boys who had blue eyes and blond hair would be the most receptive to the brainwashing project they were developing. So, with no hesitation or hint of emotion, the order was given to go out in unmarked vans and kidnap men who fit the desired profile. The brainwashing process involved causing permanent damage to the Aura and could not be used on girls because the Aura of men and women has opposite "spin" which is the origin of the phrase "Montauk Boys". No one involved shows any concern that this was somehow morally wrong.

History Repeats

The general attitude of leaders (masters) towards their subjects (slaves) has pretty much remained constant throughout recent history. Lets briefly look at some examples:

In Rome, people had running water in their houses. However, water delivered to the senators and other elites was delivered by clay pipes and water to the "ordinary" people was delivered by lead pipes. The Romans leaders knew lead was poison and did this deliberately to make sure they remained superior and the health of the general population was degraded.

Fast forward: Fluoride is known to be harmful but is deliberately added to the water supply for the general population.

Before the general public in Flint, Michigan learned the public water supply was contaminated with lead, the leaders - who did know - had arranged a supply of clean bottled water for themselves and their friends [14] while leading the ordinary people to believe everything was fine - pretty much a mirror image of the attitude years before in Rome.

GLOBAL SYSTEM OF SLAVERY

Technology has provided the United States - working with other countries - the opportunity to enslave the entire planet. We are learning more about the global surveillance grid which watches over everyone - following them, recording their phone calls and computer activity and even keeping tabs on them inside their "private" homes through smart electric meters.

There are over one million active satellites orbiting Earth. What are they really doing? Don't expect to get an answer with a FOIA request.

Sometimes slavery is pretty obvious. In China, "workers" at factories such as Foxconn [17] choose suicide over another day of slave labor. Guatemala is an entire country of slaves producing bananas for

their master, the US United Fruit Company.

However, other slavery systems are much more subtle. The United States claims to be a free country so it can't chain children to work benches like some countries can. It needs to make people feel they are free and somehow not notice the invisible chains that bind them. They want people to believe they freely chose their miserable living conditions.

When planning future events, the government will ask for public comment. People believe they have a voice. Of course, the plans have already been made. The trick is to make the "sheeple" believe it was their free choice. The favorite method of achieving this is called "The Delphi Technique" [17]. It involves placing trained "facilitators" in the "open public meetings" who are experts on using psychological trickery to steer the unsuspecting audience into accepting what has already been planned in secret by the overlords.

However, the absolute best slavery technique ever devised is the creation of money - especially the imaginary money in use today. This is how the international bankers rule the world. Actually, money does not exist. It is all a mental concept programmed into people from birth. Since money is imaginary, it can be created and uncreated at the will of the banks. With the stroke of a pen, you can be rich one day and living under a bridge the next day. Sovereign countries (like Greece) can be looted and stripped to the bone without firing a shot. John Perkins, in his books, describes how he was recruited and trained by the US NSA to deliberately bankrupt sovereign countries so that they could be enslaved by the US. When the economic trickery failed, the US simply assassinated the legitimate leaders and installed dictators. However, they won either way.

MAINTENANCE

The US has been at war 93% of its history. Like General Bull Right said on the TV show "Laugh In" some years back, "War is good business". It is very good business. That's why the international bankers finance wars. Wars are highly profitable.

However, wars as well as situations designed to create fear and stress are also a key component of "The Pool". Here is how it works. Recall the chakra diagram. The government has already cut off access to God by destroying the pineal gland. But, they are not happy. When people are frightened, their consciousness drops to the lowest chakra which is the Root or Muladhara chakra [9]. So, constant, unending war - which is what we have today - makes sure the consciousness of the general population is as low as it can go. Elites are not affected because they know all this is deliberately created and they have safe underground cities available if needed.

What you believe to be reality is a manufactured illusion.

In this video clip [10] from the Max Keiser Show, an expert confirms that all "terrorist" attacks in the

US are created by the US Government (to instill fear in the population).

In this video [11], a KGB agent explains the tested and proven method to brainwash and control an entire nation.

What's with Medical Research

Although a small fortune is being invested in medical research, strangely life expectancy in the US is decreasing as well as the fertility rate [12]. So, what are all those billions of medical research dollars accomplishing since they are obviously not improving our lives. Perhaps there are things more interesting than the health of the population to occupy the scientists like, for example, creating "motherless babies" [13] to possibly replace the general population of moody, unpredictable humans with some kind of designer "people" for the "new world".

SPECIAL POPULATIONS

Here we will briefly discuss the various special populations which exist outside of the general population. Some of these people live in colonies on other planets. Some commute from Earth to other planets and dimensions daily using ordinary looking commercial aircraft with special modifications. And, of course, we have all the restricted areas on the surface of the Earth as well as the vast array of underground bases and cities that most people don't even know exist. All of this is shielded under the umbrella of "national security". Basically, the nation is "secure" when the slave population or "the masses" are ignorant and is "insecure" whenever these people get a glimpse of the truth. The "enemy" of a nation is not some other nation but, rather, the ignorant general population of that nation. All developed nations know and share the same "secrets". Only the masses are kept in the dark.

Shielding

Most surface government buildings are faraday shielded by, essentially, wrapping them in copper screen wire. This is said to be necessary to keep "spies" on the inside from sending messages to the outside. However, it is much more likely that the reason is to keep outside things from getting in. For one thing, we live in a virtual sea of artificially generated electromagnetic waves. None of them are good for your health and some are deliberately designed to effect your mind as part of the government's mind control initiatives. So, if you want a quiet work environment, you need to shield it from these things. The underground bases and cities have natural shielding because radio waves will not penetrate far into the ground.

Protected Area Access

The idea of underground safe areas for all those "special" people is hardly new. For example, in France, prior to WW II, there were underground safe havens linked to the subway system. The ordinary people

were told not to try to use the subways in case of war because they were not safe (might collapse, etc.). However, they were very safe and this propaganda was just to scare the masses away. The special people were specifically told to go to certain subways in an emergency. Secret switches diverted the trains and a false wall opened to allow the trains to enter the classified underground installations. Ordinary people were to be abandoned on the surface to fend for themselves. This general strategy has not changed.

A typical underground city can comfortably accommodate about 100,000 people. These are real cities - not just "holes in the ground" - and provide all the amenities you would expect in a regular surface city.

The scare movie "2012" about the Earth falling apart was obviously fiction *but* some parts were not. All the chosen people carry special signaling devices to notify them should it be necessary to go to their assigned safe place. In the US, access is called "a ticket". In Russia, it is called "Subway Z". Other countries have different code words but the basic idea is the same. It is believed by the elite that there will be some major disruptive event in the near future. This could be deliberate - like WW III - or, more likely, some type of natural event against which they have no defense. When this occurs, the chosen people will be alerted and go to safety. It is believed - and stated by Al Bielek in his YouTube videos based upon his time travel experiences - that only about 200 million people will survive this event. Everyone else will perish. Since the "chosen" have all been selected, if you are not one of them you now know your likely fate.

NASA's Little Secrets

In public, NASA appears to move at a snail's pace. Common sense should tell you something is wrong and you are not getting straight answers. You're not. For example, when NASA said the astronauts needed to "go slow" and would "just be orbiting the Earth" they were actually going to the moon and returning. When they found evidence that the moon had been occupied and there were abandoned structures, they got real excited. This led to secret trips to the moon with both US astronauts and Russian cosmonauts around 1976 [19]. Retired NASA employees from the Michoud facility near New Orleans - "off the record", of course - have confirmed that this is true. It can never be revealed because of objections from the religion industry that it could destroy the illusions they propagate and bankrupt them.

Actually, the US and Russia have always cooperated in space exploration and any reports that the US and Russia "hate" each other or whatever is propaganda and it would be in your interest to just ignore this stuff.

EXTERNAL DIRECTORATE

Al Bielek makes reference in his YouTube videos to some type of external directorate which actually rules this planet "from a distance". Zecharia Sitchin [15] argues that the Annukai created humans and

therefore consider the human population and the planet itself to be their property.

Now that we have satellites that can give us good pictures of the earth, anomalies are becoming visible which suggest others have been here. Google Earth (which, of course is in with the NSA) has deliberately either blocked out or blurred out certain areas that the government does not want you to see. You could use this as a map of where to go to observe "forbidden" sights.

However, sometimes things escape the censors airbrush and, in these videos [20], the producer shows some pretty convincing evidence that aliens have come and have, essentially, used this planet as a quarry to dig for minerals they need for some purpose. Actually, they are still doing that. Sailors report (off the record, of course, because of their secrecy oaths) that they frequently see UFO's entering and leaving Earth's oceans in places well out of the view of the general public.

ESCAPE

As we mentioned previously, the world was drifting in the direction of Spiritual development before this was (intentionally) stopped by starting World War I. So, if possible, design a lifestyle that returns you - as much as practicable - to this previous time. It is not easy but still possible to do this.

Since the world controllers are black magicians, you need have some basic occult knowledge so you will be in a position to understand how these people operate and at least have a fighting chance against them. You don't need to join some "hocus pocus" cult with secret initiations, passwords and weird handshakes. The basic knowledge is now available on the internet for free. A couple of good sources are the free you tube videos titled "Spirit Science" [main URL <http://thespiritscience.net/>] and the general reference site <http://www.crystalinks.com/> .

Now, to the best of your ability:

1. Find a source of pure water - preferably well water from some undisturbed aquifer.
2. Find a source of pure food - plant a garden using verified non-gmo seeds - for meat, either raise your own livestock or hunt wild game.
3. Forget about US TV. It is a propaganda bullhorn for the fascist government. Whether labeled news or entertainment, all programming is designed to subtly move you in a direction desired by the state. There are free you tube videos on almost any subject produced by independent thinkers not under government control. If you want current international news, your best choice is RT (www.rt.com).
4. Choose a location away from high voltage power lines and cell phone towers for your home.
5. Do not carry an active cell phone. If you need to stay in touch, use a pager. A pager is only a radio receiver and so cannot be traced. Keep your cell phone turned off and wrapped in aluminum foil to prevent detection.
6. Practice at least some basic meditation. The best position is your head facing East (to align with the Earth's magnetic field) and the ideal times are between 3 and 6 AM.

7. Do not die in a hospital if you can possibly avoid it. They will steal your organs. Your physical organs are unique to you and are linked to your Astral body. If they are kept alive after you physically die because they have been implanted in another person, there will be a tether linking the organ to your Astral body. For example, if someone else has your heart, it is still yours and will be tethered to your heart chakra in your Astral body and will prevent you from ascending unless you can break it (which will immediately kill the recipient) so you can ascend without interference. Anyone with Astral vision can see this tether.

LEGAL

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